P.E Reading

**Touching the Void: Joe Simpson**

The story of this nail-biting struggle for survival in the Peruvian Andes is a mountaineering classic.

**Mad, Bad and Dangerous to Know: Ranulph Fiennes**

The autobiography of the world's greatest living explorer. Ranulph Fiennes has travelled to the most dangerous and inaccessible places on earth, almost died countless times, lost nearly half his fingers to frostbite, raised millions of pounds for charity and been awarded a polar medal and an OBE.

'...an excellent memoir, a compelling portrayal of the psychological drawbacks of his fabled quest for perfection' (The Times)

**My Autobiography: Jonny Wilkinson**
A guide to walking the mountain peaks of Scotland which features the best routes to take plus the equipment needed. The author also describes the real joy of climbing the Munros—the solitude, the wildlife, the spiritual life, and, above all, the tomato soup.

The First Fifty: Muriel Gray

"If you read one sports book this year, this is the one" (Express on Sunday).

Controversial given what we now know about the cyclist but an engaging and well-written account of determination, dedication and tackling adversity.

It’s Not About the Bike: Lance Armstrong